



Smart Start FOCUS Packet

Play Matters

The Importance of Play in Early Childhood Development (Montana State University Extension, 2010)
<http://store.msuextension.org/publications/HomeHealthandFamily/MT201003HR.pdf>

Defining and Advocating for Play (NAEYC, 2014)
http://www.naeyc.org/yc/files/yc/play_memos0514.pdf

The Play Deficit (Kaboom!, n.d.)
<http://s3.amazonaws.com/media-kaboom/docs/documents/pdf/Play-Deficit.pdf>

“Where do the Bears Go?” The Value of Child-Directed Play (NAEYC, 2014)
https://www.mbaea.org/documents/resources/Young_Children_May_2014_Play_A053371A6AE7A.pdf

Play in Natural Outdoor Environments: A Healthy Choice (Southern Early Childhood Association, 2015)
http://southernearlychildhood.org/upload/pdf/Dimensions_Vol43_2_ParkRiley_1.pdf

Intentionally Changing Dramatic Play (Southern Early Childhood Association, 2015)
http://www.southernearlychildhood.org/wp-content/uploads/2015/07/Dimensions_Vol43_3_46_FullIssue.pdf

PLAY It's More Than You Think... (Pathways, n.d.)
https://pathways.org/wp-content/uploads/2015/06/play_brochure.pdf

Young Children Learn A Lot When They Play (American Academy of Pediatrics, 2016)
<https://www.healthychildren.org/English/ages-stages/toddler/fitness/Pages/Young-Children-Learn-A-Lot-When-They-Play.aspx>

Tips on Playing with Babies and Toddlers (Zero to Three, 2016)
<https://www.zerotothree.org/resources/1081-tips-on-playing-with-babies-and-toddlers>

Magic of Everyday Moments: Driven to Discover (Zero to Three, 2016)
<https://www.zerotothree.org/resources/200-driven-to-discover-how-thinking-skills-develop-through-everyday-play-and-exploration>

Encourage Active Play and Participate With Children (Food and Nutrition Service, 2013)
<http://www.fns.usda.gov/sites/default/files/participate.pdf>

A Year of Play (Zero to Three, 2016)
<https://www.zerotothree.org/resources/1090-a-year-of-play>

Access FOCUS Packet resources online at www.smartstartalabama.org/resources/?pageID=39