



## **Smart Start FOCUS Packet**

### ***Play Matters***

**The Importance of Play in Early Childhood Development** (Montana State University Extension, 2010)  
<http://store.msueextension.org/publications/HomeHealthandFamily/MT201003HR.pdf>

**Defining and Advocating for Play** (NAEYC, 2014)  
[http://www.naeyc.org/yc/files/yc/play\\_memos0514.pdf](http://www.naeyc.org/yc/files/yc/play_memos0514.pdf)

**The Play Deficit** (Kaboom!, n.d.)  
<http://s3.amazonaws.com/media-kaboom/docs/documents/pdf/Play-Deficit.pdf>

**“Where do the Bears Go?” The Value of Child-Directed Play** (NAEYC, 2014)  
[https://www.mbaea.org/documents/resources/Young\\_Children\\_May\\_2014\\_Play\\_A053371A6AE7A.pdf](https://www.mbaea.org/documents/resources/Young_Children_May_2014_Play_A053371A6AE7A.pdf)

**Play in Natural Outdoor Environments: A Healthy Choice** (Southern Early Childhood Association, 2015)  
[http://southernearlychildhood.org/upload/pdf/Dimensions\\_Vol43\\_2\\_ParkRiley\\_1.pdf](http://southernearlychildhood.org/upload/pdf/Dimensions_Vol43_2_ParkRiley_1.pdf)

**Intentionally Changing Dramatic Play** (Southern Early Childhood Association, 2015)  
[http://www.southernearlychildhood.org/wp-content/uploads/2015/07/Dimensions\\_Vol43\\_3\\_46\\_FullIssue.pdf](http://www.southernearlychildhood.org/wp-content/uploads/2015/07/Dimensions_Vol43_3_46_FullIssue.pdf)

**PLAY It's More Than You Think...** (Pathways, n.d.)  
[https://pathways.org/wp-content/uploads/2015/06/play\\_brochure.pdf](https://pathways.org/wp-content/uploads/2015/06/play_brochure.pdf)

**Young Children Learn A Lot When They Play** (American Academy of Pediatrics, 2016)  
<https://www.healthychildren.org/English/ages-stages/toddler/fitness/Pages/Young-Children-Learn-A-Lot-When-They-Play.aspx>

**Tips on Playing with Babies and Toddlers** (Zero to Three, 2016)  
<https://www.zerotothree.org/resources/1081-tips-on-playing-with-babies-and-toddlers>

**Magic of Everyday Moments: Driven to Discover** (Zero to Three, 2016)  
<https://www.zerotothree.org/resources/200-driven-to-discover-how-thinking-skills-develop-through-everyday-play-and-exploration>

**Encourage Active Play and Participate With Children** (Food and Nutrition Service, 2013)  
<http://www.fns.usda.gov/sites/default/files/participate.pdf>

**A Year of Play** (Zero to Three, 2016)  
<https://www.zerotothree.org/resources/1090-a-year-of-play>

Access FOCUS Packet resources online at [www.smartstartalabama.org/resources/?pageID=39](http://www.smartstartalabama.org/resources/?pageID=39)